

BREAKFAST

December, 2017

01

*Apple Cinnamon Muffin
Yogurt
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

04

*Apple Cinnamon Muffin
Yogurt
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

05

*Nutri-Grain Bar
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

06

*Half Sun-Butter & Jelly
Sandwich
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

07

*Cheerios Bowl
String Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

08

*Nutri-Grain Bar
Cheese Cube
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

11

*Raisin Bran Bowl
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

12

*Cinnamon Raisin Bagel
w/ Cream Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

13

*Half Cheese Sandwich
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

14

*Blueberry Muffin
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

15

*Rice Krispies Bowl
Yogurt
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

18

*Nutri-grain Bar
String Cheese
Fresh Apples
Grape Juice
Milk:
Skim or 1%*

19

*Mini Bagel
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

20

*Apple Cinnamon Muffin
Yogurt
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

21

*Rice Kripies Bowl
String Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

22

Winter Break

25



26

Winter Break

27

Winter Break

28

Winter Break

29

Winter Break

**A Parent/guardian of any student with a food allergy
Should feel free to contact the Food Service Director at:**

708-484-5773

Student must select a minimum of 3 Food Items to make a Meal.