




# December 2017

## Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				<b>1</b> <i>Oriental Sweet &amp; Sour</i> <i>Popcorn Chicken</i> <i>Tuna Platter Salad</i> <i>Egg Salad Wrap</i> <b>Sides:</b> <i>Steamed Broccoli</i> <i>Cucumber Tomato Salad</i> <i>Fresh Apple</i> <i>Fresh Fruit Salad</i>	<b>Special News...</b>  <b>Serve Daily:</b> Hamburger on Bun Chicken Patty Spicy Chicken Patty Chicken Nuggets Cheese Pizza Turkey Hot Dogs Grilled Cheese Sun-Butter & Jelly Sandwich  <b>Grain Choice:</b> All Breads, Pastas, Rice, and Breading are Whole Grain.  <b>Condiments Selection:</b> Ranch Dressing Ketchup Mayonnaise Mustard BBQ Sauce  <b>Milk Choice:</b> Skim Milk 1% Milk
<b>4</b> <i>Oven Roasted Drum Sticks</i> <i>Baja Salad</i> <i>T-Ham Sandwich</i> <b>Sides:</b> <i>Mashed Potato</i> <i>Fresh Broccoli</i> <i>Fresh Apple</i> <i>Fresh Orange</i>	<b>5</b> <i>Pasta Rotini</i> <i>Caesar Salad</i> <i>Tuna Salad Sandwich</i> <b>Sides:</b> <i>Steamed Green Beans</i> <i>Red Peppers Strips</i> <i>Fresh Banana</i> <i>Fresh Orange</i>	<b>6</b> <i>Baked Potato</i> <i>Turkey Chef Salad</i> <i>Egg Salad Sandwich</i> <b>Sides:</b> <i>Orange Glazed Carrots</i> <i>Fresh Squash</i> <i>Fresh Apple</i> <i>Fresh Cantaloupe</i>	<b>7</b> <i>Nachos</i> <i>Egg Chef Salad</i> <i>Chicken Sandwich</i> <b>Sides:</b> <i>Baked Beans</i> <i>Fresh Celery Sticks</i> <i>Fresh Banana</i> <i>Fresh Pear</i>	<b>8</b> <i>Gen Tso Broccoli</i> <i>Popcorn Chicken</i> <i>Taco Salad</i> <i>Turkey Sandwich</i> <b>Sides:</b> <i>Steamed Spinach</i> <i>Fresh Baby Carrots</i> <i>Fresh Apple</i> <i>Fresh Plum</i>	
<b>11</b> <i>Meatloaf</i> <i>Cheese Cube Salad</i> <i>Turkey Sandwich</i> <b>Sides:</b> <i>French Fries</i> <i>Fresh Tomato Wedges</i> <i>Fresh Apple</i> <i>Fresh Orange</i>	<b>12</b> <i>Corn Dog</i> <i>Tuna Platter Salad</i> <i>Cheese Sandwich</i> <b>Sides:</b> <i>Steamed Squash</i> <i>Fresh Cucumber Slice</i> <i>Fresh Banana</i> <i>Fresh Orange</i>	<b>13</b> <i>Penne Pasta</i> <i>Cobb Salad</i> <i>T-Ham Sandwich</i> <b>Sides:</b> <i>Roasted Acorn Squash</i> <i>Fresh Celery Sticks</i> <i>Fresh Apple</i> <i>Fresh Cantaloupe</i>	<b>14</b> <i>Meatball Sub</i> <i>Chicken Ranch Salad</i> <i>Cheese Wrap</i> <b>Sides:</b> <i>Campfire Chipotle Beans</i> <i>Fresh Baby Carrots</i> <i>Fresh Banana</i> <i>Fresh Pear</i>	<b>15</b> <i>Chili Bowl</i> <i>Greek Salad</i> <i>Egg Salad Sandwich</i> <b>Sides:</b> <i>Fresh Broccoli</i> <i>Red Peppers Strips</i> <i>Fresh Apple</i> <i>Fresh Fruit Salad</i>	
<b>18</b> <i>Max Snax Pizza Sticks</i> <i>Chicken Diced Chef Salad</i> <i>Tuna Salad Wrap</i> <b>Sides:</b> <i>Steamed Corn</i> <i>Fresh Broccoli</i> <i>Fresh Apple</i> <i>Fresh Orange</i>	<b>19</b> <i>Corn Dog</i> <i>Nacho Salad</i> <i>T-Ham Turkey Sandwich</i> <b>Sides:</b> <i>Steamed Green Beans</i> <i>Red Pepper Strips</i> <i>Fresh Banana</i> <i>Fresh Orange</i>	<b>20</b> <i>Oriental Popcorn</i> <i>Chicken w/ Broccoli</i> <i>Romaine Salad</i> <i>Tuna Salad Sandwich</i> <b>Sides:</b> <i>Steamed Squash</i> <i>Jimaca Sticks</i> <i>Fresh Apple</i> <i>Fresh Cantaloupe</i>	<b>21</b> <i>Meatball Sub</i> <i>Turkey Chef Salad</i> <i>Cheese Sandwich</i> <b>Sides:</b> <i>Charro Black Beans</i> <i>Fresh Celery Sticks</i> <i>Fresh Banana</i> <i>Fresh Pear</i>	<b>22</b> <b>Winter Break</b>	
<b>25</b> 	<b>26</b> <b>Winter Break</b>	<b>27</b> <b>Winter Break</b>	<b>28</b> <b>Winter Break</b>	<b>29</b> <b>Winter Break</b>	

Menus are subject to change without notice.

**To make a meal, student must select at least 1 serving of fruit or vegetable.**

**A parent/guardian of any student with a food allergy should feel Free to contact the Food Service Director at: (708) 484-5773.**

