



Elementary Lunch

December, 2018

03
Entrée:
 A. Chicken Nuggets
 B. T.Ham Sub
Sides:
 Steamed Zucchini
 Baby Carrots
 Fresh Apple
 Craisins

04
Entrée:
 A. Cheeseburger
 B. Grilled Turkey Ham & Cheese Sandwich
Side:
 Sweet Golden Corn
 Celery sticks
 Fresh Apple
 Fresh Pear

05
Entrée:
 A. Cheese Pizza
 B. Breaded Fish Melt
Sides:
 Green Beans
 Jicama Sticks
 Fresh Banana
 Fresh Cantaloupe

06
Entrée:
 A. Chicken Patty Sandwich
 B. BBQ Rib Sandwich
Sides:
 Kickin Pintos
 Celery Sticks w/ Baby Carrots
 Fresh Apple
 Fresh Pear

07
Entrée:
 A. Cheese Pizza
 B. Hot Dog on Bun
Sides:
 Steamed Broccoli
 Red Pepper Strips
 Fresh Apple
 Fresh Grapes

10
Entrée:
 A. Chicken Parmesan
 B. Corn Dog
Sides:
 Steamed Peas & Carrots
 Celery Sticks
 Fresh Apple
 Craisins

11
Entrée:
 A. Beef Tacos
 B. Grilled Cheese Melt
Side:
 Steamed Corn
 Fresh Cucumber Slices
 Fresh Apple
 Fresh Pear

12
Entrée:
 A. Italian Cheese Dunker
 B. Spicy Chicken Patty
Sides:
 Steamed Carrots
 Jicama Sticks
 Fresh Banana
 Fresh Cantaloupe

13
Entrée:
 A. Chicken Nuggets
 B. Mac & Cheese Pasta
Sides:
 Chipotle BBQ Beans
 Fresh Baby Carrots
 Fresh Apple
 Fresh Pear

14
Entrée:
 A. Pepperoni Pizza
 B. Cheese Burger on Bun
Side:
 Romaine Salad
 Green Pepper Strips
 Fresh Apple
 Fresh Grapes

17
Entrée:
 A. Baked Potato
 B. Chicken Patty Sandwich
Sides:
 Steamed Corn
 Fresh Baby Carrots
 Fresh Apple
 Craisins

18
Entrée:
 A. BBQ Drumsticks
 B. Hot Dog on Bun
Sides:
 Steamed Peas
 Green Peppers Strips
 Fresh Apple
 Fresh Pear

19
Entrée:
 A. Roasted Turkey w/ Gravy
 B. Sun-Butter Sandwich
Sides:
 Mashed Potato
 Cranberry Sauce
 Assorted Fruit

20
Entrée:
 A. Meatball Pizza Sub
 B. Chicken Nuggets
Sides:
 Assorted Fruit
 Assorted Vegetable

21
Entrée:
 A. Cheese Pizza
 B. Mac & Cheese Pasta
Sides:
 Assorted Fruit
 Assorted Vegetable

24
Winter Break

25
Winter Break

26
Winter Break

27
Winter Break

28
Winter Break

31
Winter Break

Winter Break

Winter Break

Winter Break

Winter Break

More Info...

To make a meal, student must select at least 1 serving of fruit or vegetable
 A Parent/guardian of any student with a food allergy Should feel free to contact the Food Service Director at: (708)484-5773

More Info...

Whole Grain:
 Dinner Rolls, Flatbread, Slice Bread, Soft Pretzel, Pasta & Rice
Condiment Selections:
 Ketchup PC, Mustard PC, Ranch PC, Italian PC, BBQ Sauce PC
Milk Choice:
 1% or Skim Milk Skim or Fat Free Chocolate Milk

