



Elementary Lunch

January, 2019

01

Winter Break

02

Winter Break

03

Winter Break

04

Winter Break

07

Entrée:
A. Chicken Nuggets
B. Turkey Ham Sandwich
C. Diced Chicken Caesar Salad
Sides:
Steamed Zucchini
Fresh Baby Carrots
Fresh Apple
Fresh Orange

08

Entrée:
A. Cheeseburger
B. Grilled Turkey Ham & Cheese Sandwich
C. All-American Chef Salad
Sides:
Sweet Golden Corn
Celery Sticks
Fresh Apple
Fresh Pear

09

Entrée:
A. Smoked Turkey with Gravy
B. Cheesy Fish Melt
C. Popcorn Chicken Salad
Sides:
Steamed Mixed Veggies
Jicama Sticks
Fresh Banana
Fresh Grapes

10

Entrée:
A. Jumbo Cheese Ravioli
B. Chicken Patty
C. Turkey Chef Salad
Sides:
Vegetarian Beans
Fresh Baby Carrots
Fresh Apple
Fresh Pear

11

Entrée:
A. Cheese Pizza
B. Hot Dog on Bun
C. Nacho Bean Salad
Sides:
Steamed Broccoli
Green Pepper Strips
Fresh Apple
Fresh Grapes

14

Entrée:
A. Inside Out Pasta
B. Mini Corn Dog
C. Chicken Baja Salad
Sides:
Steamed Peas & Carrots
Celery Sticks
Fresh Apple
Fresh Orange

15

Entrée:
A. Beef Tacos
B. Hamburger
C. Chicken Fajita Salad
Side:
Steamed Golden Corn
Fresh Cucumber Slices
Fresh Apple
Fresh Pear

16

Entrée:
A. Italian Cheese Dunker
B. Spicy Chicken Patty
C. Chicken Buffalo Salad
Sides:
Steamed Mixed Veggies
Jicama Sticks
Fresh Banana
Fresh Grapes

17

Entrée:
A. Chicken Nuggets
B. Mac & Cheese Pasta
C. Winter Fruit Cheese Plate
Sides:
Chipotle BBQ Beans
Fresh Baby Carrots
Fresh Apple
Fresh Pear

18

Entrée:
A. Pepperoni Pizza
B. BBQ Pork Sandwich
C. Chicken Salad Platter
Side:
Steamed Broccoli
Green Pepper Strips
Fresh Apple
Fresh Grapes

21

NO SCHOOL

22

NO SCHOOL

23

Entrée:
A. Pizza Sticks
B. Turkey & Cheese Sub
C. Chicken Caesar Salad
Sides:
Steamed Mixed Veggies
Jicama Sticks
Fresh Banana
Fresh Grapes

24

Entrée:
A. Meatball Pizza Sub
B. Chicken Nuggets
C. All-American Salad
Sides:
Charro Black Beans
Celery Sticks
Fresh Apple
Fresh Pear

25

Entrée:
A. Cheese Pizza
B. Grilled Turkey Ham & Cheese Sandwich
C. Popcorn Chicken Salad
Sides:
Steamed Broccoli
Fresh Cucumber Slices
Fresh Apple
Fresh Grapes

28

Entrée:
A. Beef Nachos
B. Chicken Nuggets
C. Chicken Hummus Salad
Sides:
Steamed Zucchini
Fresh Baby Carrots
Fresh Apple
Fresh Orange

29

Entrée:
A. Boneless Wings
B. Turkey & Cheese Sandwich
C. Nacho Bean Salad
Sides:
Sweet Golden Corn
Celery Sticks
Fresh Apple
Fresh Pear

30

Entrée:
A. Cheese Pizza
B. Mashed Potato Chicken Nugget Bowl
C. Chicken Baja Salad
Sides:
Steamed Mixed Veggies
Jicama Sticks
Fresh Banana
Fresh Grapes

31

Entrée:
A. Hot Dog on Bun
B. Mac & Cheese w/Fish sticks
C. Beef Nacho Salad
Sides:
Vegetarian Beans
Baby Carrots
Fresh Apple
Fresh Pear

More Info ...

To make a meal, student must select at least 1 serving of fruit or vegetable

A Parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708)484-5773

More Info ...

Whole Grain: Dinner Roll, Breadsticks, Slice Bread

Condiment Selections:

Ketchup PC, Mustard PC, Ranch PC, Italian PC, BBQ Sauce PC

Milk Choice: 1% Milk or Fat Free Chocolate Milk

Juice Served Daily. Apple Juice: Tues & Friday, Fruit Punch: Mon & Thursday, Grape Juice: Wednesday.