



BREAKFAST

January 2018

01

Winter Break

02

Winter Break

03

Winter Break

04

Winter Break

05

Winter Break

08

*Trix Yogurt
Apple Cinnamon Muffin
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

09

*Nutri-Grain Bar
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

10

*Half Sun-Butter & Jelly
Sandwich
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

11

*Cheerios Bowl
String Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

12

*Nutri-Grain Bar
Cheese Cube
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

15

No School

16

No School

17

*Blueberry Muffin
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

18

*Half Cheese Sandwich
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

19

*Rice Krispies Bowl
Yogurt
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

22

*Nutri-grain Bar
String Cheese
Fresh Apples
Grape Juice
Milk:
Skim or 1%*

23

*Mini Bagel
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

24

*Apple Cinnamon Muffin
Yogurt
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

25

*Rice Kripies Bowl
String Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%*

26

*Half Sun-Butter & Jelly
Fresh Apple
Apple Juice
Milk:
Skim or 1%*

29

*Cheerios Bowl
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%*

30

*Nutri-grain Bar
Cheese Cubes
Fresh Banana
Fruit Punch Juice
Milk:
Skim or 1%*

31

*Cinnamon Raisin Bagel
W/ Cream Cheese
Fresh Pear
Orange Juice
Milk:
Skim or 1%*

**A Parent/guardian of any student with a food allergy
Should feel free to contact the Food Service Director at:**

708-484-5773

Student must select a minimum of 3 Food Items to make a Meal.