



Elementary Lunch

January, 2018

01
Winter Break

02
Winter Break

03
Winter Break

04
Winter Break

05
Winter Break

08
Entrée:
A. Oven Roasted Chicken Drumsticks
B. Chicken Patty Sandwich
C. Vegetarian Baja Salad
Sides:
Mashed Potato
Fresh Broccoli
Fresh Apple
Fresh Pear

09
Entrée:
A. Beef Nachos
B. Hot Dog
C. Chicken Caesar Salad
Sides:
Steamed Green Beans
Cucumber Slices
Fresh Banana
Fresh Apple

10
Entrée:
A. Broccoli & Cheese Baked Potato
B. Egg Salad Sandwich
C. Turkey Chef Salad
Sides:
Orange Glazed Carrots
Fresh Zucchini
Fresh Apple
Fresh Cantaloupe

11
Entrée:
A. Beef Tacos
B. Hamburger
C. Egg Chef Salad
Sides:
Baked Beans
Celery Sticks
Fresh Banana
Fresh Pears

12
Entrée:
A. Pepperoni Pizza
B. Chicken Tenders
C. Taco Salad
Sides:
Steamed Spinach
Baby Carrots
Fresh Apple
Fresh Cantaloupe

15
No School

16
No School

17
Entrée:
A. Cheesy Baked Penne
B. Hamburger
C. All-American Cobb Salad
Sides:
Roasted Acorn Squash
Celery Sticks
Fresh Apple
Fresh Cantaloupe

18
Entrée:
A. Meatball Sandwich
B. Chicken Patty Sandwich
C. Chicken Diced Ranch Salad
Sides:
Campfire Chipotle Beans
Fresh Baby Carrots
Fresh Banana
Fresh Pear

19
Entrée:
A. Cheese Pizza
B. Grill Cheese Sandwich
C. Feta Greek Salad
Sides:
Steamed Broccoli
Cucumber Slices
Fresh Apple
Fresh Cantaloupe

22
Entrée:
A. Max Snax Pizza Sticks
B. Chicken Nuggets
C. Chicken Diced Chef Salad
Sides:
Steamed Corn
Fresh Broccoli
Fresh Apple
Fresh Pear

23
Entrée:
A. Corn Dog
B. Hamburger
C. Chicken Nacho Salad
Sides:
Steamed Green Peas
Cucumber Slices
Fresh Banana
Fresh Apple

24
Entrée:
A. Mac & Cheese
B. Tuna Salad SDW
C. Romaine Salad
Sides:
Steamed Zucchini
Jicama Sticks
Fresh Apple
Fresh Cantaloupe

25
Entrée:
A. Meatball Sub
B. Spicy Chicken Patty SDW
C. Turkey Chef Salad
Sides:
Charro Black Beans
Celery Sticks
Fresh Banana
Fresh Pear

26
Entrée:
A. Cheese Pizza
B. Hot Dog
C. T-Ham Chef Salad
Sides:
Steamed Broccoli
Baby Carrots
Fresh Apple
Fresh Cantaloupe

29
Entrée:
A. Rib Sandwich
B. Chicken Patty Sandwich
C. Chicken & Cheese Salad
Sides:
Roasted Brussels Sprouts
Baby Carrots
Fresh Apple
Fresh Pear

30
Entrée:
A. Country Chicken Nugget Bowl
B. Hot Dog on Bun
C. All American Cobb Salad
Sides:
Oven Roasted Carrots
Jicama Sticks
Fresh Banana

31
Entrée:
A. Mac & Cheese
B. Hamburger
C. Apple Sliced Salad
Sides:
Steamed Zucchini
Celery Sticks
Fresh Apple
Fresh Cantaloupe

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.
Grain Choice:
All Breads, Pastas, Rice and Breading are Whole Grain.
Condiment Selection:
Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce
Milk Choice: Skim or 1%