



Elementary Lunch

October 2017

02

Entrée:
 A. Meatloaf
 B. Turkey SDW
 C. Fruit Cheese Cube Salad
Sides:
 Fresh Fries
 Fresh Tomatoes Wedges
 Fresh Apple
 Fresh Orange

03

Entrée:
 A. Chicken Tender
 B. Egg Salad SDW
 C. Tuna Platter Salad
Sides:
 Corn
 Fresh Cucumbers
 Fresh Banana
 Fresh Orange

04

Entrée:
 A. Cheese Penne Pasta
 B. Hamburger
 C. T-Ham Cobb Salad
Sides:
 Fresh Roasted Squash
 Celery Sticks
 Fresh Apple
 Fresh Cantaloupe

05

Entrée:
 A. Nachos
 B. Chicken Patty
 C. Chicken Diced Ranch Salad
Sides:
 Pinto Beans
 Fresh Baby Carrots
 Fresh Banana
 Fresh Pears

06

Entrée:
 A. Cheese Pizza
 B. Grilled Cheese SDW
 C. Greek Salad
Sides:
 Steamed Broccoli
 Red Pepper Strips
 Fresh Apple
 Fresh Fruit Salad

09

No School

10

No School

11

Entrée:
 A. Oriental popcorn chicken w/ Rice
 B. Tuna Salad SDW
 C. Tossed Salad w/ Cheese
Sides:
 Sweet Potato Tater Bites
 Fresh Steamed Squash
 Fresh Apple
 Fresh Cantaloupe

12

Entrée:
 A. Pasta Carbonara
 B. Spicy Chicken Patty SDW
 C. Turkey Chef Salad
Sides:
 Black Beans
 Celery Sticks
 Fresh Banana
 Fresh Pear

13

Entrée:
 A. Cheese Pizza
 B. Hot Dog
 C. T-Ham Chef Salad
Sides:
 Steamed Broccoli
 Celery Sticks
 Fresh Apple
 Fresh Fruit Salad

16

Entrée:
 A. Salisbury Steak
 B. Chicken Patty SDW
 C. Chicken Salad
Sides:
 Fresh Roasted Brussels Spouts
 Fresh Tomatoes Wedges
 Fresh Apple
 Fresh Orange

17

Entrée:
 A. Chicken Nugget Country Bowl
 B. Hot Dog
 C. Cobb Salad
Sides:
 Roasted Carrots
 Jicama Sticks
 Fresh Banana
 Fresh Orange

18

Entrée:
 A. Chili-iMac
 B. Hamburger
 C. Apple Salad
Sides:
 Steamed Squash
 Celery Sticks
 Fresh Apple
 Fresh Cantaloupe

19

Entrée:
 A. Roasted Turkey w/ Stuffing
 B. T-Ham SDW
 C. Chicken Popcorn Salad
Sides:
 Pinto Beans
 Fresh Baby Carrots
 Fresh Banana
 Fresh Pear

20

Entrée:
 A. Cheese Pizza
 B. Chicken Tenders
 C. Nacho Salad
Sides:
 Steamed Broccoli
 Fresh Cucumber Slices
 Fresh Apple
 Fresh Fruit Salad

23

Entrée:
 A. Hot Dog
 B. Turkey SDW
 C. Taco Salad
Sides:
 Tater Bites
 Fresh Broccoli
 Fresh Apple
 Fresh Orange

24

Entrée:
 A. Fish Stick w/ Mac & Cheese
 B. Chicken Patty SDW
 C. Turkey Chef Salad
Sides:
 Steamed Green Beans
 Red Pepper Strips
 Fresh Banana
 Fresh Orange

25

Entrée:
 A. Chicken Drumstick
 B. Hamburger
 C. Popcorn Chicken Salad
Sides:
 Sweet Potato Fries
 Fresh Squash
 Fresh Apple
 Fresh Cantaloupe

26

Entrée:
 A. Max Snax Pizza Sticks
 B. Tuna Salad SDW
 C. Popcorn Chicken Salad
Sides:
 Black Beans
 Celery Sticks
 Fresh Banana
 Fresh Pear

27

Entrée:
 A. Pepperoni Pizza
 B. Chicken Tenders
 C. Tuna Salad
Sides:
 Steamed Broccoli
 Cucumber Salad
 Fresh Apple
 Fresh Fruit Salad

30

Entrée:
 A. Oven Roasted Drumsticks
 B. Chicken Patty SDW
 C. Baja Salad
Sides:
 Mashed Potato
 Fresh Broccoli
 Fresh Apple
 Fresh Orange

31

Entrée:
 A. Rotini Pasta
 B. Hot Dog
 C. Caesar Salad
Sides:
 Green Beans
 Red Pepper Strips
 Fresh Banana
 Fresh Orange

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708) 484-5773

To make a meal, student must select at least 1 serving of fruit or vegetable.
Grain Choice:
 All Breads, Pastas, Rice and Breading are Whole Grain.
Condiment Selection:
 Ranch Dressing, Ketchup, Italian Dressing, Mustard, BBQ Sauce
Milk Choice: Skim or 1%