



BREAKFAST

October, 2017

02

Cinnamon Bagel & Cream Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%

03

Raisin Bran
Cheese Stick
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

04

Half Cheese SDW
Fresh Pear
Orange Juice
Milk:
Skim or 1%

05

Blueberry Muffin
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

06

Rice Krispies
Cherry Yogurt
Fresh Apple
Apple Juice
Milk:
Skim or 1%

09

No School

10

No School

11

Apple Cinnamon Muffin
Vanilla Yogurt
Fresh Pear
Orange Juice
Milk:
Skim or 1%

12

Rice Krispies
String Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

13

Half Sun-Butter & Jelly SDW
Fresh Grapes
Apple Juice
Milk:
Skim or 1%

16

Cheerios
String Cheese
Fresh Apple
Grape Juice
Milk:
Skim or 1%

17

Apple NG Bar
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

18

Cinnamon Bagel & Cream Cheese
Fresh Pear
Orange Juice
Milk:
Skim or 1%

19

Raisin Bran
Cheese Stick
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

20

Half Cheese SDW
Fresh Orange
Apple Juice
Milk:
Skim or 1%

23

Blueberry Muffin
Cheese Cubes
Fresh Apples
Grape Juice
Milk:
Skim or 1%

24

Rice Krispies
Vanilla Yogurt
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

25

Strawberry NG Bar
Cheese Sticks
Fresh Pear
Orange Juice
Milk:
Skim or 1%

26

Bagel & Cream Cheese
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

27

Strawberry Banana Yogurt
Apple Muffin
Fresh Grapes
Apple Juice
Milk:
Skim or 1%

30

Vanilla Yogurt
Apple Muffin
Fresh Apple
Grape Juice
Milk:
Skim or 1%

31

Apple NG Bar
Cheese Cubes
Fresh Banana
Fruit Punch
Milk:
Skim or 1%

**A Parent/guardian of any student with a food allergy
Should feel free to contact the Food Service Director at:**

708-484-5773

Student must select a minimum of 3 Food Items to make a Meal.